

Research Assistant – Clinical Sleep Research

Description

A position for a Research Assistant is immediately available in the Clinical Sleep Research Platform of the *Royal's Institute for Mental Health Research (IMHR)*, affiliated with the University of Ottawa.

Our research focuses on: i) better understanding the interplay between sleep, mental health, cardiovascular health, and neurocognition, and ii) developing and evaluating evidence-based personalized interventions targeting sleep and biological rhythms in people with mental disorders (with a focus on depression and PTSD). This ranges from psychological interventions, chronotherapeutics, neurostimulation, and alternative pharmacotherapies. Our work involves close coordination between our research group and multiple clinical programs at the *Royal Ottawa Mental Health Centre*, other clinical settings in the area, and national research networks notably to contribute to larger scale genotyping studies.

This position would involve *at least* 20-hours per week. The selected candidate will provide administrative support for our various studies, including:

- liaising with research participants, their care providers and members of the research team (e.g, to manage study bookings)
- general training of research staff for standard operating procedures, equipment and software
- assisting with database management and data quality checks
- helping to setting up the logistics of new studies
- assisting with new applications to research ethics boards and other administrative reports

Remuneration will be commensurate with experience, and in line with the guidelines of the IMHR.

Qualifications

- Undergraduate or masters degree in psychology, neuroscience, biomedical sciences or related disciplines
- Strong sense of organisation, team work, and good people skills are required
- Experience with clinical trials, wet lab, and/or programming skills (e.g., Matlab) would constitute important assets

Application process

Application deadline: Open until the position is filled

Fellowship start date: As soon as possible

Please send CV, letter of interest (with a description of past research experience), and references by email to:

Prof Rebecca Robillard

Co-Director, Sleep Research Unit,
Royal's Institute for Mental Health Research
T +1 613 722 6521 ext 6279
E Rebecca.Robillard@theroyal.ca