

# CSCN Newsletter



## Summer 2017

### Word of the CSCN coordinator

Congratulations on everybody's hard work and have great summer holidays!

### Progress report

The **4 initial research projects** of the CSCN are making great progress.

Projects 1 and 2: Over 300 adult OSA participants and over 30 obese pediatric participants have been recruited. Two new sites (with matching funds) have been recruited for Project 1 (Quebec City, Montreal).

Project 3: Sleep and relevant data have been obtained from the Canadian Longitudinal Study on Aging and analyses are underway. A project for the analyses of subjective sleep data from the CIMA-Q cohort has just been submitted. Scholarships have been announced to work on those analyses.

Project 4: The protocol design of the Fast Track Clinic study (Aim 1) has been published in British Medical Journal Open (also available on the CSCN website). The preliminary analyses of the 3-month data have been completed and were presented in a symposium at the CSS meeting. A manuscript is also underway. The environmental scan of OSA care in each province has resulted in a paper which has been submitted and is currently under review.

The **Training Committee** has given 20 CSCN travel awards to attend the Canadian Sleep Society Meeting in Calgary (April 28-30). The recipients were:

Thomas Lehoux  
Jimmy Fraigne  
Cheryl Laratta  
Thaina Rosinvil  
Maude Bouchard  
Summer Haddad  
Gabrielle Rigney  
Christophe Moderie  
Emma O'Callaghan  
Justin Bouvier

Pierre-Olivier Gaudreault  
Jasmeen Saini  
Kim Tan-MacNeill  
Kevin Grace  
Samuel Laventure  
Sarah Selvadurai  
Alexandre Lafrenière  
Javad Karimi  
Dylan Smith  
Maryam El Gewely

It has also given 12 CSCN travel awards to attend the Canadian Society for Chronobiology Meeting in Toronto (May 19-21). The recipients were:

Kyles Stokes  
Laura Kervezee  
Anna Koshy  
Chloe Nobis  
Malika Nunes  
Clément Bourguignon

Anastasiya Slyepchenko  
Nathaniel Bernardon  
Fernando Gonzales  
Emma O'Callaghan  
Choden Shrestha  
Jhenkruthi Vijayashankara

The two-year Canadian Sleep Medicine Fellowship to complete advanced clinical training with research training will be re-announced at the end of the summer.

Other fellowship opportunities and faculty positions are regularly posted on the CSCN website: [www.cscnweb.ca](http://www.cscnweb.ca)

## Progress report... continued

The **Knowledge Mobilization Committee** has continued discussions with members of the **Stakeholder Alliance**. The current members are:

### Professional/Scientific groups

Canadian Agency for Drugs and Technologies in Health (CADTH)  
Canadian Association of Dental Research  
Canadian Lung Association  
Canadian Sleep Society  
Canadian Thoracic Society  
Kids Brain Health Network  
Quebec Lung Association

### Provincial/federal government agencies

SAAQ (Automobile insurance society of Quebec)  
CAMAQ (Quebec sector committee workforce for aerospace)  
Public Health Agency of Canada

### Private companies

Merck Canada  
Natus Canada  
Nox Medical  
RANA Respiratory Care Group  
Respironics/Philips

### Patients/Community

Wake-up Narcolepsy Canada  
Sleep Foundation

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***CSCN vision:**  
To mobilize the  
healthcare community  
to adopt an integrated  
approach towards  
improving outcomes  
and treatment of  
patients with sleep  
disorders*

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**Patient Partnership:** The patients-partners have received 2 separate training sessions by webinar on patient partnership in research and are now ready to attend the meetings on the different committees. A number of researchers of the 6 committees have also viewed the first webinar.

## Events since the last newsletter

The CSCN held a Biomarkers Workshop in Calgary on April 27 and it was a success! Experts on genetics, proteomics and metabolomics participated in a discussion on the potential markers that could generate new and relevant knowledge in OSA research. On May 26, CADTH and CSCN Project 4 members had an event entitled "Treating Obstructive Sleep Apnea - Recommendations and Real-World Application". Finally, Wake-up Narcolepsy has raised \$54,195 at the 2017 Boston Marathon!

## Upcoming event

**October 7-11:** World Sleep Society Meeting in Prague, Czech Republic.

## Breaking news!

Julie Carrier, our CSCN scientific director, has been elected to the Board of Directors of the Sleep Research Society of the United States. **Congratulations Julie!**



Your input is valuable to us.

Please send us your comments about the newsletter, or ideas for network activities.

You can reach us at: [dominique.petit.1@umontreal.ca](mailto:dominique.petit.1@umontreal.ca)